
A CONCEPTION REGARDING SUPERMASSIVE BLACK HOLES AND ELEMENTARY PARTICLES.

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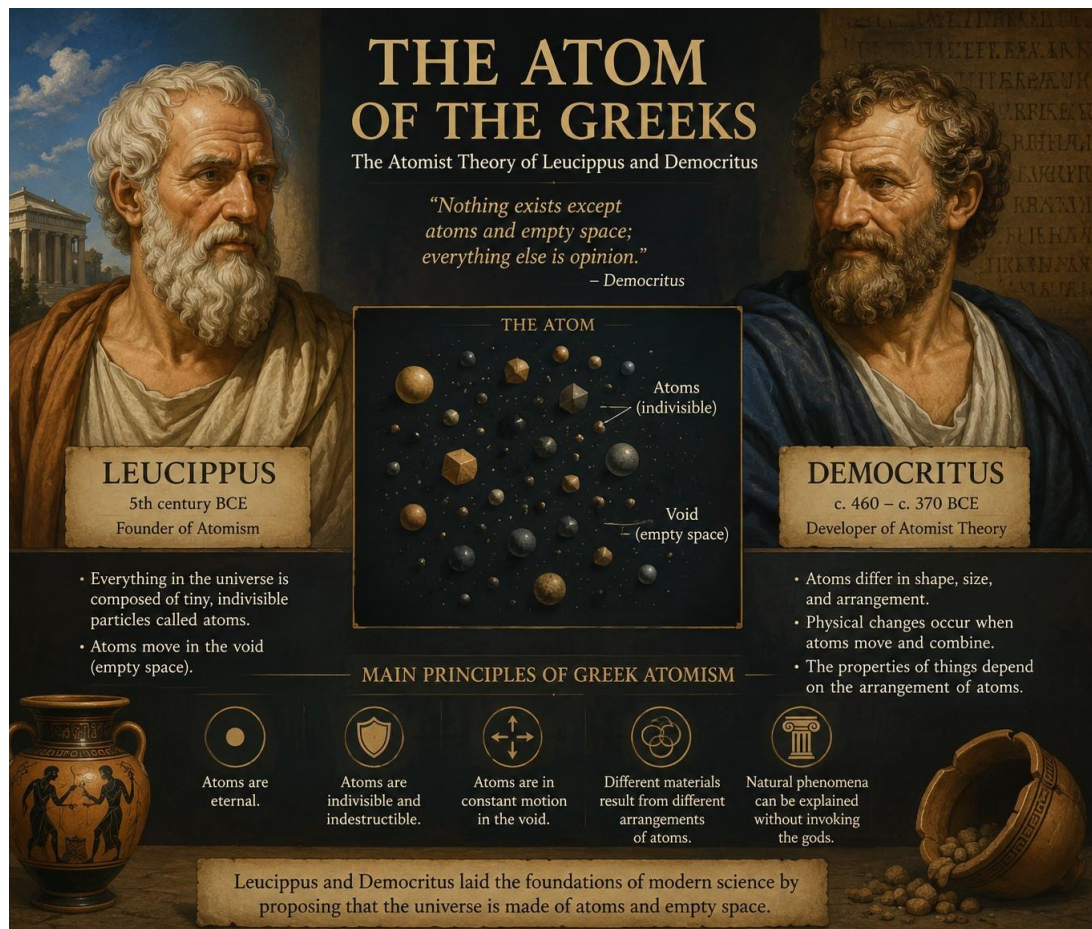
SUMMARY

This article addresses the theory. of the Black Holes: How could they be understood from the perspectives of Conceptual Physics and Astrophysics, emphasizing, according to what is...has proven the Black Hole Theory and the Big Bang. Remembering the Theory...The Structure of Scientific Revolutions by Thomas Kuhn, as well as the Teaching Theories of Piaget and Vygotsky for Early Childhood, Youth and Adult Education, as well as Stephen Hawking's approach in his doctoral thesis on the Big Bang and how Albert Einstein wrote his books on the Theory of General Relativity in 1916 and 1920 and an approach such as these theories would be verified and validated in the scientific and academic world. The concepts addressed are the interior of massive and supermassive black holes and elementary particles, as an example of raising concepts such as atomic radius, the size of the atom, the electron cloud of the atom from the Schrödinger equation, and the mass collapse threshold of a black hole, such as Hawking radiation. In addition to the idea of an approach to basic physics for young people. and Universities of the Atom of Leucipus and Democrit and PhilosophyNatural of Aristotle.

INTRODUCTION

Currentunderstandings ofblackholesrequirethoroughanalysis.InunderstandingConceptual Physics.For an analysis of conceptual physics, as Piaget stated, it is understood that physics is biologically immature at the adult stage of a student of exact sciences and physics. In secondary physics education, at a young age, textbooks address topics of conceptual physics such as...Pre-Socraticsand Aristotle's Natural Philosophy in the Introduction to Physics and even in University Teaching as defined below the Pre-Socratic Philosophy:

Leucippus and Democritus: Atomist Theory (Summary) [8]



Leucippus

Leucippus (5th century BCE) is considered the founder of **Atomism**, one of the earliest theories about the nature of matter. He proposed that everything in the universe is composed of tiny, indivisible particles called **atoms** moving through empty space, known as the **void**. difference between vigostky and piaget

Democritus

Democritus (c. 460–370 BCE), a student of Leucippus, expanded and developed atomist theory.

According to Democritus:

- All matter is made of atoms and empty space.
- Atoms are eternal, indivisible, and indestructible.
- Atoms differ in shape, size, and arrangement.
- Physical changes occur because atoms move and rearrange themselves.
- The properties of substances arise from the arrangement of atoms.

Main Principles of Ancient Atomism

1. Matter consists of atoms and void.
2. Atoms cannot be divided or destroyed.
3. Atoms are constantly moving.
4. Different materials result from different atomic arrangements.
5. Natural phenomena can be explained without supernatural causes.

Historical Importance

Although ancient atomism lacked experimental evidence, it introduced the idea that matter is composed of fundamental particles. More than two thousand years later, modern atomic theory developed by scientists such as John Dalton confirmed that matter is indeed made of atoms, although modern atoms are not indivisible as Leucippus and Democritus believed.

Conclusion

Leucippus and Democritus proposed that the universe is made of tiny particles called atoms moving through empty space. Their atomist philosophy became one of the foundations of modern physics and chemistry.



The principle of Conceptual Physics with Aristotle, to advance the teaching of Piaget and Vygotsky. comparison of the cognitive development theories of Jean Piaget and Lev Vygotsky. The research highlights their fundamental differences in how children learn, the role of language, and the influence of social context.

Key differences include:

- **Individual vs. Social:** Piaget focused on the individual child's independent exploration, while Vygotsky emphasized social interaction and cultural tools.
- **Development vs. Learning:** Piaget believed development must precede learning (readiness), whereas Vygotsky argued that learning pulls development forward.
- **Language:** Piaget saw language as a byproduct of thought, while Vygotsky viewed it as a primary tool that shapes thought.

The Role of Signs and Symbols [10]

- **Psychological Tools:** Vygotsky compared physical tools (which master nature) to psychological tools/symbols (which master internal human behavior).
- **Mediation:** Humans do not just react to environmental stimuli. We use symbols to mediate and interpret our actions.
- **Cultural Transmission:** Symbols are created by society and passed down through generations to shape how we see reality.

Language as the Primary Symbolic Tool

- **Social to Internal:** Language begins as a social tool for communication. It later internalizes to become the primary vehicle for individual thought.
- **Egocentric Speech:** Children talk out loud to themselves while playing. This is not random; it is the child using symbolic language to regulate their own behavior and solve problems.
- **Inner Speech:** Eventually, this loud talking morphs into silent, internal thought, structuring complex mental processes.

Symbolism in Play

- **Object Substitution:** During play, a child uses a stick to represent a horse. The stick becomes a symbol.
- **Meaning Over Action:** This symbolic substitution allows the child to separate the real-

world meaning of an object from its physical properties, which is a massive step forward in abstract thinking.

Jean Piaget views the child as a "natural scientist" who constructs knowledge through spontaneous, biological interactions with the environment. Rather than seeing development as something dictated by society, Piaget argued that cognitive growth follows a natural, universal sequence driven by internal biological mechanisms[9].

Hereishowthe "natural" aspect operates in Piaget's genetic epistemology:

Natural Cognitive Mechanisms

- **Biological Adaptation:** Piaget viewed intellectual growth as an extension of biological adaptation. Just as the body physically adapts to its environment, the mind adapts through two natural processes: **assimilation** (fitting new information into existing mental frameworks) and **accommodation** (changing mental frameworks to fit new experiences).
- **Equilibration:** This is the natural self-regulating drive to achieve mental balance. When a child encounters something confusing, they experience cognitive conflict (disequilibrium) and naturally alter their thinking to restore balance.
- **Spontaneous Learning:** Children do not need to be forced to learn; they possess a natural curiosity to explore, manipulate objects, and discover physical laws on their own.

The Child's View of Nature (Animism and Artificialism)

Piaget also heavily researched how children naturally conceptualize the physical world and nature during the preoperational stage (ages 2–7):

- **Animism:** The natural tendency of young children to believe that inanimate objects are alive and have feelings (eg, "The sun is angry because it is raining").
- **Artificialism:** The belief that all natural phenomena (like mountains, rivers, or clouds) were intentionally made by humans or a human-like creator (eg, "People built the mountains with giant shovels").
- **Realism:** The psychological tendency where mental experiences (like dreams or thoughts) are treated as physical, natural entities existing in the real world.

Piaget vs. Vygotsky: The Role of the "Natural"

The concept of what is "natural" highlights the core difference between Piaget and Vygotsky:

Feature	Jean Piaget	Lev Vygotsky
Developmental Focus	Natural, biological	Social learning and culture precedes
	readiness precedes learning.	development.
The Child's Role	THElonely, interacting	natural Asocial partner with
	scientist exploring the physical world.	mentors and tools.
Language	Egocentric speech is a natural side tool	Language is a cultural that
	effect of egocentric thought.	transforms natural thinking.

The need for understanding is highlighted. **The Conceptual Physics of High Gravity of Black Holes in the Conceptions of Children, Young People, and Adults in Physics and Astrophysics Education.** Understanding the Singularity of Massive and Supermassive Black Holes, as well as the Singularity of The Big Bang, studied and analyzed in Stephen Hawking's doctoral thesis [1], is known to need to be proven, and in the sense of being proven for the Big Bang Theory to be true, in addition to the Big Bang Theory, there are the mathematical proofs it needs to be accepted by the scientific community and in academic circles around the world, just as Stephen Hawking's calculations need to be accepted, Albert Einstein's calculations also need to be proven for the Theory of Relativity to be verified and accepted by the scientific community and in academic circles with verifiable and true validity. The calculations would be advanced, including in the theoretical physics of astrophysics, which would require computers, probably with dozens of processors, thinking like that just to reproduce the Cosmology of the Big Bang and the Theory of Black Holes, whether it's the reproduction of theoretical calculations or the graphical reproduction of cosmology, in which much progress has been made since Albert Einstein became a refugee. Albert Einstein in Princeton and his friendship with Kurt Gödel. From 1933 and into the mid-1940s and 1950s, Albert Einstein in Princeton. The Cosmology of the Theory of General Relativity advanced and culminated in Stephen Hawking's thesis in 1966, the same scientist in Cambridge references the main Physicists and Mathematicians who advanced the Theory of

General Relativity in his thesis in [1] such as the Theory of Black Holes and the Theory of the Big Bang. The intention of this article is a brief discussion of the Conceptual Physics and Astrophysics approach to the analysis of the supergravity of a black hole trapping all the matter that this black hole absorbs, as well as an analysis of Hawking radiation and the constant loss of mass by the black hole. **Concepts for young people, children, and adults should start from the premise of the atomic radius, the size of the atom, and the electron cloud of the atom as defined in quantum mechanics.** Of those who teach have encountered these subjects in their University Graduation, for example, **defined using the Schrödinger equation in Quantum Mechanics** As well as an understanding of Quantum Field Theory for Elementary particles are necessary for a better understanding and a better. An approach to massive and supermassive black holes with their high gravity for the survey of astrophysics concepts of black holes. and the Elementary Particles of Quantum Field Theory, as well as Hawking Radiation and Mass Loss by Black Holes. Stephen Hawking published some articles in the journal Nature; his doctoral thesis is available online at [1].

The needage from the survey of Astrophysics Conceptions of Black Holes, as well as the Big Bang Theory, It is a reference for Theory Analysis. of Physics The theory that exists today, as defined by Thomas Kuhn in The Structure of Scientific Revolutions [11] fundamentally altered our understanding of how science progresses. He famously argued that science does not move forward in a smooth, linear accumulation of knowledge, but rather through a series of radical transformations called **scientific revolutions**.

The Definition of a Paradigm

Kuhn defines a **paradigm** as the "entire constellation of beliefs, values, and techniques" shared by a scientific community. It acts as a lens through which scientists view the world, determining what questions are worth asking and what methods are valid for answering them. He distinguishes between two primary meanings:

- **Disciplinary Matrix:** The broad framework of theoretical assumptions and methods that guide a field.
- **Examples:** The concrete "puzzle-solutions" or classic experiments (like Newton's laws) that serve as models for how to do science.

The Kuhn Cycle: How Science Evolves

Kuhn proposed that science moves through a cycle of distinct phases rather than a continuous upward path.

Phase	Description
Pre-Science	A period of disorganized research with no consensus on basic theories or methods.
Normal Science	Scientists work within an established paradigm, focusing on "puzzle-solving" and refining existing theories.
Crisis	"Anomalies" (observations that don't fit the theory) accumulate until the paradigm's foundations are questioned.

Scientific Revolution

A "Paradigm Shift" occurs where the old framework is overthrown and replaced by a new, more effective one.

New Normal The new paradigm becomes the standard, and the cycle begins again.

Science

The Nature of Revolution and Incommensurability

One of Kuhn's most controversial claims is **incommensurability**. He argued that different paradigms are so fundamentally different that they cannot be directly compared using a neutral standard. When a revolution happens, the scientific community doesn't just get more data; they adopt a completely new worldview. This shift is often as much social and psychological as it is logical, involving a "conversion" of the scientific community to a new way of seeing.

I have attached a detailed report that expands on these concepts, including historical examples like the Copernican and Einsteinian revolutions.

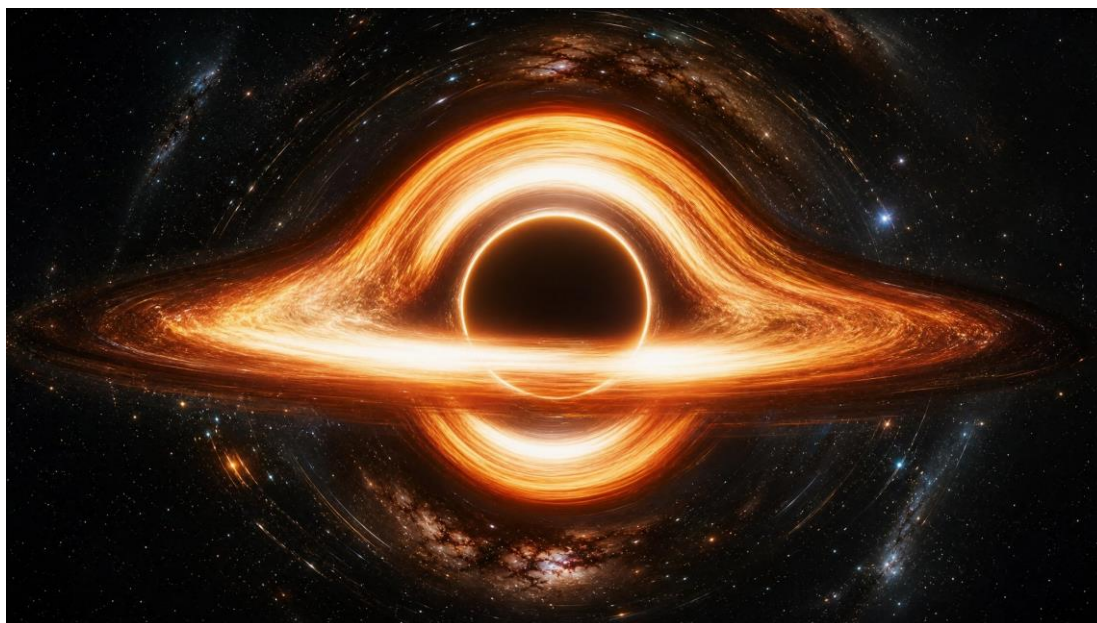
References to Astrophysics are placed at the end of the article. Most are from university physics textbooks; the article presents an introduction to the theories of Elementary Particles and Holes. Black people and how a survey of Astrophysics Conceptions in the world could be carried

out. Conceptual Physics, primarily as it relates to the theories of Piaget and Vygotsky's teachings for understanding and a better approach to advanced theories in Astrophysics. Emphasizing Based on what we have currently proven about these theories. And remember that they need to be validated and proven in order to be accepted in the scientific community. and in the academic world.

Theoretical Framework:

Stephen Hawking did **not directly prove** that the Big Bang singularity exists. Instead, he helped develop mathematical theorems showing that, under reasonable assumptions, the universe

described by General Relativity must have begun from a state where spacetime becomes incomplete — what physicists call a **singularity** [1].



The key idea

Before Hawking's work, many physicists thought the singularities found in Einstein's equations might be artifacts caused by idealized assumptions.

Working with Roger Penrose in the 1960s, Hawking used advanced geometry to show that singularities arise quite generally in general relativity.

What the Hawking–Penrose theorem showed

The theorems demonstrated that if:

1. Gravity is always attractive on large scales.
2. General relativity is correct.
3. The universe is expanding.
4. Certain reasonable energy conditions hold.

then tracing the universe backward in time leads to a point where spacetime geodesics cannot be extended further. In other words, the history of the universe has a boundary in the past.

This result is often interpreted as evidence for a **Big Bang Singularity**.

What is a singularity?

A singularity is not necessarily a tiny point of matter. In mathematics, it means that quantities such as density or spacetime curvature become infinite, or that the theory itself breaks down.

Hawking's work suggested that:

- Space and time themselves had a beginning.
- The universe could not be extended indefinitely into the past within classical general relativity.

Did Hawking prove the Big Bang happened [1]?

Not exactly.

His theorems showed that **classical general relativity predicts a beginning of spacetime**. However, near that beginning, quantum effects should become important, and general relativity alone is no longer sufficient.

Later in his career, Hawking explored ideas from quantum gravity, including the **no-boundary proposal**, which suggested that the earliest universe may not have contained a singularity in the traditional sense.

Simple analogy [1]

Imagine rewinding a movie of the expanding universe:

- Galaxies move closer together.
- Density increases.
- Temperature rises.

Hawking's mathematics showed that, according to general relativity, this rewind cannot continue forever; it reaches a boundary where the theory predicts a singularity.

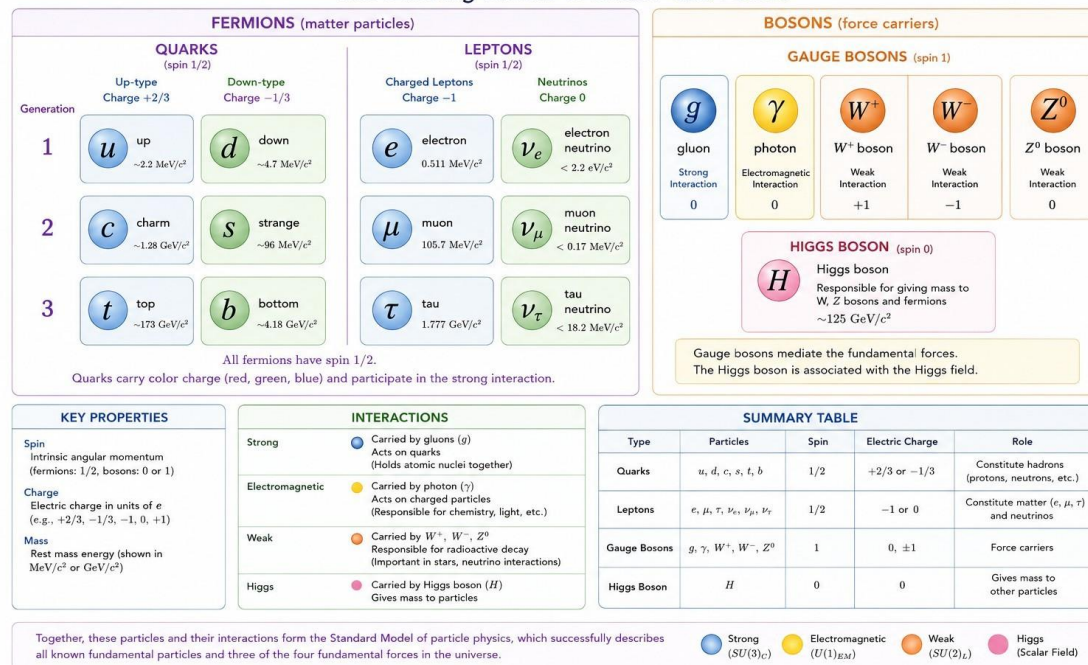
So Hawking's achievement was not observing the Big Bang directly, but proving mathematically that Einstein's theory implies a beginning of spacetime under very general conditions.

Atomic Radius and Atom Size [2][3]

Atoms and elementary particles are incredibly small, but they differ greatly in size.

THE ELEMENTARY PARTICLES

The Building Blocks of Matter and Forces



Typical Atom Size

A typical atom has a radius of about:

- 0.05–0.3 nanometers (nm)
- 5×10^{-11} to 3×10^{-10} meters

For example:

Atom Atomic Radius Hydrogen ~53 picometers (pm) Carbon ~70 pm

Oxygen ~60 pm Cesium ~265 pm

(1 picometer = 10^{-12} m)

Visual Scale

If an atom were enlarged to the size of a football stadium:

- The nucleus would be about the size of a marble near the center.
- The electrons would occupy a cloud extending throughout the stadium.
- Most of the atom is empty space.

Atomic Nucleus

The nucleus is much smaller:

- Radius $\approx 1\text{--}10$ femtometers (fm)
- $1\text{ fm} = 10^{-15}\text{ m}$

A nucleus is roughly **100,000 times smaller** than the atom itself.

Elementary Particles

Some elementary particles currently appear to have no measurable size:

Particle Approximate Size Limit Electron $< 10^{-18}\text{ m}$

Quark $< 10^{-19}\text{ m}$ Muon $< 10^{-18}\text{ m}$ Neutrino $< 10^{-18}\text{ m}$

In the Standard Model, electrons and quarks are treated as **point particles** with no internal structure.

Scale Comparison

Object	Typical Size
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Human	1 m
Hair width	10^{-4} m
Cell	10^{-5} m

Virus	10^{-8} m
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Atom	10^{-10} m	Nucleus	10^{-15} m	Proton	$0.84 \times 10^{-15}\text{ m}$	Electron	$< 10^{-18}\text{ m}$
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Illustration of Relative Sizes

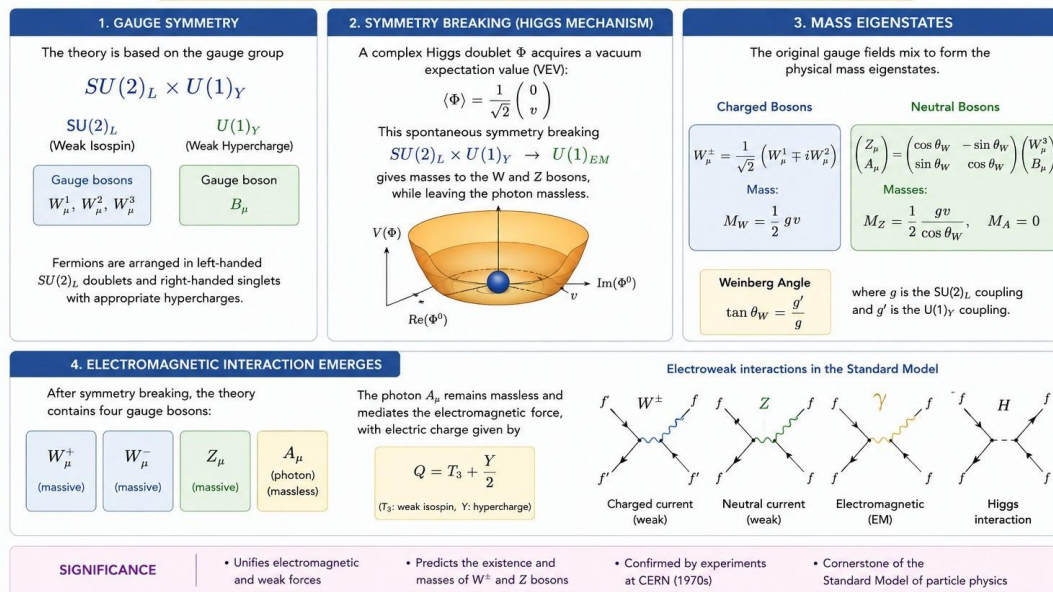
The gap between an atom ($\sim 10^{-10}\text{ m}$) and a proton ($\sim 10^{-15}\text{ m}$) is about **100,000 times**, similar to the difference between a football stadium and a marble.

The principle of massive and supermassive blackholes and the theory of Glashow–Weinberg–Salam Theory[4][5]

Glashow–Weinberg–Salam Theory

The Electroweak Unified Theory

The Glashow–Weinberg–Salam theory unifies the electromagnetic force and the weak nuclear force into a single electroweak force, described by the gauge group $SU(2)_L \times U(1)_Y$.



Not all black holes are supermassive. Astronomers have discovered several classes of black holes:

Type Typical Mass

Stellar-mass black holes ~3–100 times the mass of the Sun Intermediate-mass black holes ~100–100,000 solar masses Supermassive black holes Millions to billions of solar masses

Evidence that some black holes are supermassive

The strongest evidence comes from observing stars orbiting invisible objects at the centers of galaxies.

The Milky Way's central black hole

At the center of our galaxy is Sagittarius A*.

Astronomers tracked stars orbiting this object for decades. One star, called S2, completes an orbit in about 16 years.

From its orbit, scientists calculated that about **4 million solar masses** are concentrated in a region smaller than the Solar System. No known cluster of stars or other objects could remain stable at such density, strongly indicating a supermassive black hole.

Direct imaging

In 2019, the Event Horizon Telescope Collaboration released the first image of a black hole's shadow: M87*

Its mass is about **6.5 billion times the mass of the Sun**.

In 2022, the collaboration also released an image of Sagittarius A*.

Why are scientists confident?

Several independent observations agree:

1. **Stellar orbits** around an invisible compact object.
2. **Gas motion** near galactic centers.
3. **Gravitational lensing** predicted by general relativity.
4. **Event Horizon Telescope images** showing the shadow expected from a black hole.
5. **Relativistic effects** in nearby star orbits matching Einstein's theory.

Important clarification

Scientists have not mathematically "proven" black holes are supermassive in the way one proves a theorem. Instead, observations provide overwhelming evidence that some black holes contain millions or billions of solar masses and are therefore classified as

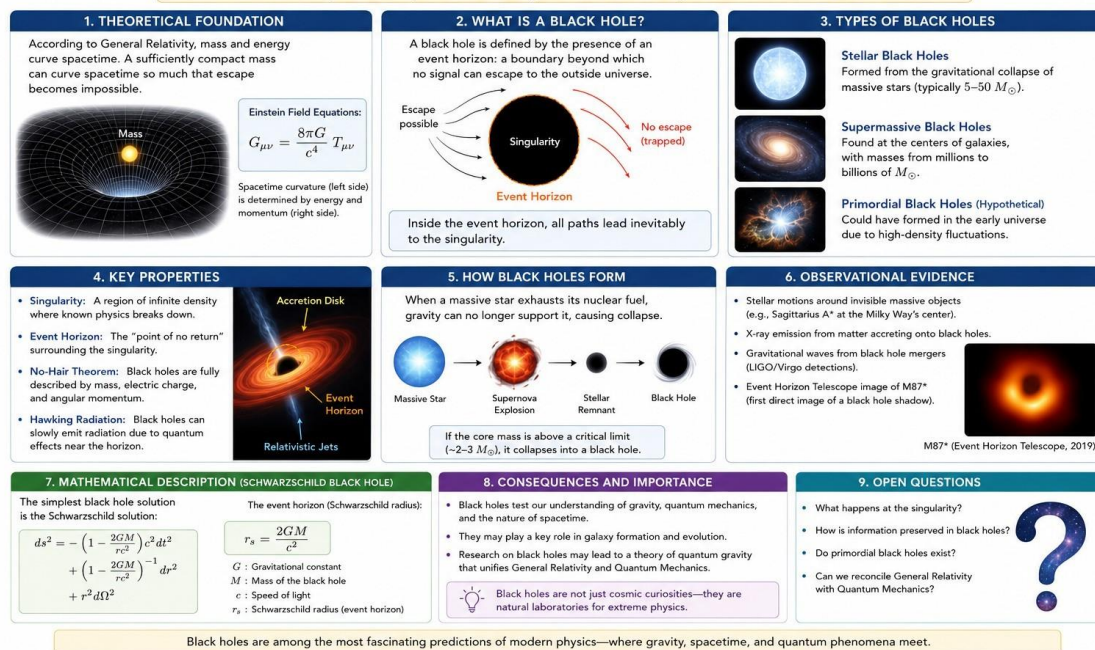
Supermassive black holes.

A useful comparison: if the Sun were replaced by Sagittarius A*, the black hole's mass would be about **4 Million Suns**, yet its event horizon would still fit well inside the orbit of Mercury. This combination of enormous mass and compact size is exactly what astronomers observe for a supermassive black hole.

Black Holes, Theory

BLACK HOLES: DEFINITION AND THEORY

A black hole is a region of spacetime where gravity is so strong that nothing—not even light—can escape. Black holes are predicted by Einstein's theory of General Relativity and observed in the universe.



Black Hole Theory: Definition and Main Aspects[4] Definition

A black hole is a region of spacetime where gravity is so intense that nothing—not even light—can escape from it. Black holes are predicted by Einstein's General Theory of Relativity, which describes gravity as the curvature of spacetime caused by mass and energy. A black hole forms when a sufficient amount of mass is compressed into an extremely small volume, creating a gravitational field strong enough to trap all matter and radiation within a boundary known as the event horizon.

Theoretical Foundation

Black hole theory originates from General Relativity, proposed by Albert Einstein in 1915. The theory predicts that under certain conditions, massive stars can collapse under their own gravity after exhausting their nuclear fuel. If the remaining core is massive enough, the collapse continues until a black hole is formed.

Main Aspects of Black Holes

1. Event Horizon

The event horizon is the outer boundary of a black hole. It represents the point of no return: once an object crosses this boundary, it cannot escape the black hole's gravitational pull.

2. Singularity

At the center of a black hole lies the singularity, a region where matter is compressed to an extremely high density and spacetime curvature becomes enormous. Current physical theories cannot fully describe the conditions at the singularity.

3. Gravitational Effects

Black holes strongly affect nearby matter and spacetime. They can bend light, distort time, and influence the movement of stars and gas clouds around them.

4. Accretion Disk

Matter falling toward a black hole often forms a rapidly rotating disk called an accretion disk. Friction within the disk heats the material to very high temperatures, producing intense electromagnetic radiation.

5. Hawking Radiation: According to the theory proposed by Stephen Hawking, blackholescanemitasmallamountofthermalradiationduetoquantumeffects nearthe event horizon.This process, known as Hawking radiation, suggests that black holes may lose mass slowly over time.

According to the theory proposed by Stephen Hawking, black holes may emit a small amount of thermal radiation due to quantum effects near the event horizon. This process, known as Hawking radiation, suggests that black holes can slowly lose mass over time.

Types of Black Holes

- **StellarBlackHoles:**Formedfromthecollapseofmassive stars.
- **Intermediate-MassBlackHoles:**Largerthanstellarblackholesbutsmallerthan supermassive ones.
- **SupermassiveBlackHoles:**Foundatthecentersofgalaxiesandcontainingmillionsor billions of solar masses.
- **Primordial Black Holes:**Hypothetical black holes that may have formed shortly after theBig Bang.

Scientific Importance

Black holes are among the most important objects in modern astrophysics. They provide a unique environment for studying gravity, quantum mechanics, spacetime, and the evolution of galaxies. Understanding black holes may help scientists develop a unified theory that

combines General Relativity with Quantum Physics.

Conclusion

Black hole theory describes some of the most extreme phenomena in the universe. These objects demonstrate how gravity can shape spacetime and challenge our understanding of the fundamental laws of nature. Research on black holes continues to play a central role in modern physics and cosmology.

DISCUSSION

Knowing the definition that "a black hole forms when a sufficient amount of mass is compressed into an extremely small volume, creating a gravitational field strong enough to trap all matter and radiation within a boundary known as the event horizon," this brings to mind the theory of elementary particles to raise questions about conceptions regarding the understanding of Black Holes in Astrophysics education. As shown in the Theoretical Framework, a Black Hole creates a very strong gravitational field, such that all matter is compressed into an extremely small volume, trapping all matter. And the radiation known as the event horizon. This relates to the analysis of black holes. **Analysis of Elementary Particles** in a body with a lot of compressive matter that creates an extremely strong gravitational field, as well as **The Theory Glashow–Weinberg–Salam Theory**. What would be the conceptions of Black Hole Singularity Analysis in relation to...Atomic Radius and Size of Atom? This question is the basis for understanding Black Holes in Conceptual Physics, although it emphasizes that the Theory of Elementary Particles would have to be proven within the Theory of Black Holes. Therefore, conceptual physics requires an understanding of the behavior of elementary particles inside a black hole with its strong gravity. So, what would be the behavior of elementary particles inside a black hole? If, according to the Conceptual Physics framework, we consider the size of the atomic radius and the size of the atom, then this answer...I cannot give an answer in this article; I raise a concept, and to give that answer I would have to calculate the Theory of Elementary Particles. However, the concept raised provides a basis for reasoning for understanding and the Quantum Philosophy of Black Holes. Astrophysics. Furthermore, another line of reasoning in the Conceptual Physics of Black Holes is Hawking Radiation. According to the theory proposed by Stephen Hawking, black holes can emit a small amount of thermal radiation due to quantum effects near the event horizon. This process, known as Hawking radiation, suggests that black holes may lose mass slowly over time. Noting, as a prime example, Chemistry and

MechanicsQuantica The atomic radius is a measure of the size of an atom. It is generally defined as the distance from the nucleus to the outermost region of the electron cloud. Because electron clouds do not have sharp boundaries, atomic radius is usually determined indirectly through measurements of chemical bonds. Knowing that **A threshold that much of Physics Theory needs to exist.** The black hole threshold for collapse also needs to be analyzed for collapse, for example, mass thresholds in exponential functions or, for example, concentration and parts per million or parts per billion in chemistry. The approach of an analysis and a survey of conceptions **The Threshold of Mass in the Collapse of Black Holes** This would be very fruitful for the study and analysis of Advanced Astrophysics, with diverse possibilities for understanding black holes, given the variety of black holes existing in the Universe and even predicted by Albert Einstein's Theory of General Relativity. In calculations Computational methods based on the Theory of General Relativity allow for the simulation of certain Black Holes with their characteristics, emphasizing that observations of Black Holes...Real Blacks have only recently begun to be realized, although they have been predicted since 1916 in the Theory of General Relativity [6][7].

CONCLUSION

Therefore, the conclusion of this article is that it exemplifies how an approach to Advanced University Conceptual Physics can be implemented, as presented here in the Advanced Astrophysics course. It serves as an example of how one can think about an Advanced Theory of Physics, that is, a teaching approach for young people and adults, and especially for children. It's important to emphasize that young people, adults, and especially children, have their own specific conceptions, or rather, encounter difficulties in absorbing and understanding Conceptual Physics, as is the case with all disciplines for human beings. It is emphasized that at each age and stage of life, there are specific conceptions and difficulties, just as young people and adults, depending on their age, already have conceptions from other disciplines and from their daily lives experienced throughout their academic and real-life experiences. In their daily activities, whether for a young person of 12 or 15 years old or an adult of 21 or 35 years old or Furthermore, this differs from the everyday experience and intellect of a child, and from the conceptions of a child in the study that was addressed by Jean Piaget. And Vygotsky. As an example, what is the proper preparation for children to reach adulthood? Wouldn't a universal form of teaching and constructing children's conceptions always be correct? Thus, a universal way of teaching conceptions would lead to adulthood with conceptions adequately constructed, understanding, and preparedness for

understanding conceptual physics and astrophysics. Or would they be better prepared for specific areas of science, selected for each group of children in the World Wide Web during childhood? Piaget and Vygotsky demonstrated this construction of knowledge in their theories. Therefore, the article presents an idea of what knowledge construction is, and not an anarchy of teaching. The theory discussed, such as black holes, is difficult to access conceptually and even more difficult mathematically, whether in academic or online settings (WWW), just as all physics is difficult to access in terms of mathematical calculations and especially conceptual physics, even more so in the first contact with the discipline of physics and astrophysics. The example in this article aims to facilitate access to understanding and knowledge of advanced physics and astrophysics, regarding the difficulties and time expenditure involved in studying these subjects at the secondary and university levels. It is intended for young and adult students. They waste a lot of time studying Physics and Astrophysics, and in an exam, the time dedicated to studying becomes completely wasted, both for the exam itself and for the student's future. Not benefiting from the absorption of adequate content from the theory of Theoretical Physics. This factor and this account prove that for a child it would be extremely productive if the proper approach were implemented in the early years as proposed. Piaget and Vygotsky. As discussed in the article, an example of Elementary Particles and Black Holes is given, focusing on the High Gravity of a Massive Black Hole and Hawking Radiation, where the Black Hole Loses Mass.

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